

February 23, 2020

The Seventh Sunday in Ordinary



WELCOME TO SAINT PATRICK'S PARISH!

"To proclaim the Kingdom of God, and seek it before all else."



2111 Muldoon Road
Anchorage, Alaska 99504
Parish Offices: 907-337-1538
Parish Website: www.st.patsak.org

PARISH OFFICE HOURS

Tues - Friday 9:00 a.m. - 4:30 p.m.

Mass Schedule

Monday-Friday 5:30 p.m.
Saturday 5:00 p.m.
Sunday 8:30 a.m. 11:30 a.m. & 5:00 p.m.

Holy Day Mass Schedule:

Vigil: 5:30 p.m., Holy Day: 9 a.m. & 7 p.m.

FAITH FORMATION

Sundays during the school year at 9:30-11:00 a.m.

PARISH STAFF

Rev. Leo Walsh, J.C.L., S.Th.D. - Pastor
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blog: <https://frleowalsh.com>

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Gearing Up for Lent

One of the reasons so many of us continue to live here in Alaska is our proximity to the wilderness. Summer or winter, we pride ourselves on being intrepid adventurers who can hunt, hike, fish, ski, snow machine, and mountain bike just about anywhere in any conditions. As the saying goes, "There is no such thing as bad weather, just bad gear!" We also

know that the Alaskan wilderness can be a pretty unforgiving place. Thus, the need to prepare well before we head off into the wilderness. Good preparation makes the difference in keeping a minor mishap from becoming a survival situation. Bottom line, if you want the wilderness to be a good experience, be prepared.

The same holds true in preparing for Lent. Just as none of us would dream of going into the Alaskan wilderness unprepared, so we need to start preparing now to enter the spiritual journey wilderness of Lent. I suggest you organize your spiritual gear list in three categories:

1) **MIND**—God gave you a brain and an intellect. Lent is a marvelous time to learn more about the faith. Is there a particular theological or spiritual book you've been meaning to get to? What about viewing a mini-course on www.FORMED.org? Simply sign up and sign in as a St. Pat's parishioner and 2000 years of the Church's intellectual tradition is available to you in half-hour videos...absolutely FREE. In short, what are you filling your mind with? Lent is a great excuse to make positive changes.

2) **BODY**—decide now how you will discipline your body. The fasting and abstinence laws of the Church are a pretty low bar. Will you exercise more? Change your diet? Abstain from foods that are not healthy? Will you be more disciplined in your sleep habits? As Paul says, the body is a temple of the Holy Spirit. Embracing days of prayer and fasting can really give your prayers teeth. The two are inextricable. Take the money you would have spent on whatever you give up and give that to the poor. Remember, fasting without almsgiving is simply called a "diet."

3) **SPIRIT**—how you will develop your spiritual gifts this Lent? What adjustments will you make in your prayer life as an individual and as a household? Lent is a great time to re-instate family prayer time. (I suggest something simple at the end of dinner while you are all still gathered.) Lent is the perfect time to start a new habit of prayer. Don't forget what I say about getting in your ten minutes! Maybe you just want to start working your way through the Gospel of Matthew, a little at a time each day. How will your prayer be different this Lent?

How we prepare for this Lent will make all the difference in our ability to enter into the sacred mysteries of Christ's passion, death and resurrection at Easter. There is no such thing as a bad Lent, just poor preparation.
- Fr. Leo

Leo's Benevolent Blog: <https://frleowalsh.com>



New to the Parish?

Welcome! Please take a moment to stop by the office! We would love to meet you and show you around.

IN THE ARCHDIOCESE AND AROUND TOWN

Catholic Daughters Camperships

It's that time of the year again when our local Catholic Daughters of the Americas are offering three camperships to St. Therese's Camp for summer, 2020. For applications or more information, contact your Parish or Catholic School office. Information can also be emailed to you. Contact Kerry Whitney: kewhitney14@gmail.com, or 907-230-4726.

St. Therese's Camp Raisin' of the Green

Join the fun and help in the final push to pay off the camp and secure it for generations of campers! **When:** April 18, 2020, 6-10PM; **Where:** Bridge Restaurant, 221 W Ship Creek Ave, Anchorage; **Cost:** \$50 per ticket. To purchase tickets: online only at www.stthereseak.com More information: Contact Yvette Tousignant at yctous@gmail.com See you at the Bridge April 18!

CRS Operation Rice Bowl

Join your parish family—and more than 14,000 Catholic communities across the United States—in a life-changing Lenten journey with CRS Rice Bowl. Pick up your family's CRS Rice Bowl from the table in the gathering area after Mass today. During Lent, we will reflect on the challenge of global hunger, how it affects our human family, and how CRS makes a difference.

St. Therese's Camp 2020

St. Therese's Camp summer 2020 registration is open! Sign up soon at www.stthereseak.com! Camp begins June 14. Contact Rudy at 907-232-2066 or campdirector@stthereseak.com, See you at camp!

School Choice Month

As you begin to research options for Junior High, or if you've ever thought, "Is this the best there is?" in regard to your student's current High School, we invite you to visit Lumen Christi during the month of February.

Who: Parents, prospective parents, community members interested in learning more about Catholic education in Anchorage.

When: Tours are scheduled for 12-1pm every Tuesday in February. There will be an evening tour and free **Mardi Gras Pancake dinner on February 25th**, the last Tuesday of the month starting at 5:30 p.m. **Where:** Lumen Christi Catholic High School, 8110 Jewel Lake Road.

Call: 245-9231 for more information, anytime.

Basketball at Lumen Christi

Lumen Christi Catholic High School invites all parish families to a night of basketball on Thursday, February 27th. Come see our mighty Archangels take on our archrivals Birchwood Christian School. Girls play at 5:30pm and Boys at 7pm. Come and cheer on your Catholic High School Athletes!

PARISH NEWS AND NOTES

Web Minister Needed!

Are you a techie? Your parish needs YOU to help us maintain and regularly update the parish website. Call Fr. Leo for details, 337-1538

Adult Confirmation Class

If you are a baptized adult Catholic who has not received the Sacrament of Confirmation, Deacon Mick will be offering a six week preparation class to receive the Sacrament at the Easter Vigil on Holy Saturday, April 11th. Classes will start on Sunday evening March 1st at 6:30pm in the Hospitality Room. Interested? Contact the parish office with your name and contact information.

BFS Foot Care - 4th Tuesday

Our parish's next service in the Brother Francis Foot Care Ministry will be this Tuesday, February 25th, at 5pm, at the Shelter. Please contact the office or talk with Judy Everard, ministry coordinator, if you would like to help with this important service to our neighbors in need.

Habitat for Humanity

Habitat for Humanity needs volunteers to help operate ReStore, a resale shop committed to responsible reuse of building materials and household items that supports simple, safe and decent housing in Anchorage. As a volunteer your day may include a variety of tasks such as taking in donations, sorting and organizing, helping shoppers on the sales floor, cleaning or repurposing projects. Interested? visit: <https://signup.com/client/> or contact Sarah Burtner: burtner@habitananchorage.org or 907-868-3671, Ext. 6.

Lenten & Easter Intentions

Starting Ash Wednesday, Feb 26th, you will have the opportunity to offer up your Lenten and Easter intentions. Write down your intentions, and pin them to the wooden cross in the gathering area. They will remain on the cross until Holy Week, at which point they will be taken down and placed in a basket to be brought up to the altar during the offertory at Easter Masses.

PARISH NEWS AND NOTES

Ash Wednesday Sign Up

Ash Wednesday Masses on February 26th will be celebrated at 7am, 5:30pm, and 7:30pm. Altar Servers, Extraordinary Eucharistic Ministers, Lectors, and Sacristans, please sign up for whichever Mass you will attend. The sign-up book will be on the pedestal where we place the ministry crosses before Mass. Many thanks!

Mass With Anointing of the Sick

We will offer the Sacrament of the Anointing of the Sick on **Sunday, March 8th, at the 8:30am Mass.** Please join us if you would like to receive this special sacrament of healing.

Additional Documents online at

www.st.patsak.org

Bishop's Collection Letters
February Parish Calendar
Climate Change Information Sheet
Music Ministry News Calendar

Adult Scripture Study

Right now a group of friendly adults are studying the Gospel of Mark, Monday evenings in the Tara Lounge. Call Lou Ann at 632-3206 for info.

St. Patrick's Parish Nurses

Please check out the Parish Nurses' Table in the gathering area for the latest information on presentations coming up this month. The topics include "Heart Disease: Get the Facts", "Hands Only CPR Training", and a Free Health Fair. Stop at the Nurses' Table for more information.

Sunday Collections

February Goal	\$56,500.00
<u>Sunday, Feb. 2</u>	<u>\$12,807.62</u>
<u>Sunday, Feb. 9</u>	<u>\$13,762.62</u>
<u>Sunday, Feb. 16</u>	<u>\$12,710.81</u>
<u>Total Collected Thus Far:</u>	<u>\$39,281.05</u>
<u>Still Needed:</u>	<u>\$17,218.95</u>

Music Ministry News

Want to keep up with what's happening in the Music Ministry? Send an email with your information to Margaret Simmons, Music Director, at queenowrits@arctic.net. Always check with your choir director to reconfirm your rehearsals.

MUSIC MINISTRY NEWS FROM Margaret Simmons, Music Director at St. Pat's - Thank you, thank you, thank you to all the musicians, helpers, and families that allow our music to flourish. Without all your help we could not sing the praises of God.

C.H.A.O.S. St. Patrick's Day Shows

Hold these dates – March 13 and March 20!

Calling all actors, musicians, technical wizards, seamstresses, painters, crafters, beauticians, and make-up artists!

The **Family Show** is Friday, March 13; the **Really Big Shoe** with dinner is Friday, March 20. **Rehearsals** — **Sundays 5pm-7:30pm; Thursdays 7-9pm** in the Deacons Hall. For more information, contact our director Brenda Bergsrud at akberg2010@gmail.com or call the parish office. **Everyone is welcome!**

What to do with old blessed palms?

Most sacramentals, like palm branches, should be burned or buried in order to properly dispose of them. This type of disposal honors their sacred purpose and returns them to the earth in a dignified way. Traditionally, these palms are gathered before Lent and burned to make the ashes for Ash Wednesday. Place your old palms in the basket in the Narthex/Gathering Area.

Cloister Memorial Walls

Engraving the names of your deceased relatives and friends to one of the Memorial Walls in the Cloister is a special way of honoring their memory. You can set up a "family plot" to include the names of parents, grandparents, aunts and uncles, etc. Contact the parish office for more information.

Get your Message Out!

We welcome contributions by ministries and organizations of the parish. **To be included in the bulletin, items must be received no later than 5:00 P.M. the previous Wednesday.** Items normally appear for up to two weeks.

February Special Collections:

Aid to the Church in Eastern Europe and Russia -

Feb. 22 & 23

Black & Indian Missions - Feb. 29 & March 1

WEEK AT A GLANCE

Sunday, February 23

Mass	8:30am - Church
CGS Morning Session	10:00am - CGS Atrium
Faith Formation	10:00am - All Rooms
Traditional Choir Rehearsal	10:45am - Church
Mass	11:30am - Church
CGS Afternoon Session	1:00pm - CGS Atrium
Youth Ministry XLT	3:00pm - Deacons Hall
Praise Choir Rehearsal	3:00pm - Church
CHAOS Rehearsal	5:00pm - Deacons Hall
Mass (SPRED)	5:00pm - Church

Monday, February 24 - Parish Office Closed

Mass	5:30pm - Chapel
CCSI Adult Faith Study Group	6:00pm - Tara Lounge
SPRED Community	6:15pm - Hospitality Rm

Tuesday, February 25

Brother Francis Foot Washing	5:00pm - Brother Francis Shelter
Mass	5:30pm - Chapel
Legion of Mary	6:15pm - Cenacle
R.C.I.A.	6:30pm - Tara Lounge
CGS Catechist Prep	7:00pm - CGS Atrium
Praise Choir Rehearsal	7:00pm - Church

Wednesday, February 26 - Ash Wednesday

Mass	7:00am - Church
Mass	5:30pm - Chapel
Mass	7:30pm - Church

Thursday, February 27

Adult Faith Study Group	10:00am - Hospitality Rm
Mass	5:30pm - Chapel
Eucharistic Adoration	6:00pm - Chapel
Traditional Choir Rehearsal	6:30pm - Church
Youth Ministry Core Team Meeting	6:30pm - Tara Lounge
CHAOS Rehearsal	7:00pm - Deacons Hall

Friday, February 28

Mass	5:30pm - Chapel
Stations of the Cross	6:15pm - Church
Lenten Soup Supper	7:00pm - Deacons Hall
Samoan Choir Rehearsal	7:30pm - Church

Saturday, February 29 - Parish Lenten Mission!

SoulCore Exercise Group	9:30am - Cenacle
RCIA Retreat	9:30am - Church
Contemporary Choir Rehearsal	3:45pm - Church
Confessions	4:00pm - Reconciliation Rm
KofC Rosary	4:30pm - Chapel
Mass	5:00pm - Church
Samoan Choir Rehearsal	6:30pm - Church
Alcoholics Anonymous	8:00pm - Tara Lounge

READINGS

February 23 - The Seventh Sunday in Ordinary Time

Lv 19:1-2, 17-18; Ps 103:1-4, 8, 10, 12-13; 1 Cor 3:16-23; Mt 5:38-48

February 24 - Monday of the Seventh Week in Ordinary Time

James 3:13-18; Ps 19:8-10, 15; Mk 9:14-29

February 25 - Tuesday of the Seventh Week in Ordinary Time

James 4:1-10; Ps 55:7-11, 23; Mk 9:30-37

February 26 - Ash Wednesday

Joel 2:12-18; Ps 51:3-6b, 12-14, 17; 2 Cor 5:20-6:2; Mt 6:1-6, 16-18

February 27 - Thursday after Ash Wednesday

Dt 30:15-20; Ps 1:1-4, 6; Lk 9:22-25

February 28 - Friday after Ash Wednesday

Is 58:1-9a; Ps 51:3-6b, 18-19; Mt 9:14-15

February 29 - Saturday after Ash Wednesday

Is 58:9b-14; Ps 86:1-6; Lk 5:27-32

March 1 - First Sunday of Lent

Gn 2:7-9, 3:1-7; Ps 51:3-6, 12-13, 17; Rom 5:12-19; Mt 4:1-11

MASS INTENTIONS

February 22 - 28 Seventh Week in Ordinary Time

Sat.	5:00pm	People of the Parish
Sun.	8:30am	Dennis Riski, R.O.S.
	11:30am	Doris Schultz, R.O.S.
	5:00pm	
Mon.	5:30pm	Patrick Gagnon, R.O.S.
Tues.	5:30pm	Robert Stauffer, R.O.S.
Wed.	7:00am	Noel Reyes, R.O.S.
	5:30pm	
	7:30pm	Mark & Matthew Schoendaller, R.O.S.
Thurs.	5:30pm	
Friday	5:30pm	George Morrison Sr., R.O.S.

BIRTHDAYS!

Sunday:	Gabrielle Gaspard, Wyatt Lewandowski
Monday:	
Tuesday:	Juliette Adlawan, Annika Tillis
Wednesday:	Lachlan Gentner,
Thursday:	
Friday:	Josephine Bosshart, Caleb Lampley, Tobias Lochner, Nolan McDermott, Emily Schneider

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We are only five sponsors away from printing the bulletin in color. (Think about it...)

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Dr. Garrett Haponski DC CCSP®
 Dr. Chelsea Haponski DC CCSP®

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